

Baltic Trip Planner

A first-pass starter for a trip across Estonia, Latvia and Lithuania: a 7-day route to adapt, a packing list built for changeable weather, and the ferry/rail options between the three capitals.

7-day itinerary starter

Day	Base city	Plan
1–2	Tallinn	_____
3	Travel day	_____
4–5	Riga	_____
6	Travel day	_____
7	Vilnius	_____

Getting between capitals

Tallinn ↔ Riga and Riga ↔ Vilnius run by long-distance coach (Lux Express / Ecolines) most reliably; rail links are improving but coach is still the practical default outside peak Rail Baltica construction updates. Book coach seats a few days ahead in summer.

Packing checklist

- ☐ Layered tops (weather shifts fast, even in summer)
- ☐ Waterproof shell / rain jacket
- ☐ Comfortable walking shoes (cobblestones in every Old Town)
- ☐ Power adapter (Type C/F, 230V)
- ☐ Cross-border coach/rail tickets or confirmations
- ☐ Copy of passport + travel insurance details
- ☐ Cash in local currency for smaller towns
- ☐ Reusable water bottle

Budget notes

Category	Estimate / day	Notes
Stay	_____	_____
Food	_____	_____
Transport	_____	_____
Activities	_____	_____

Prices, schedules and entry requirements change, this planner is a starting point, not a booking. Full seasonal guides, city-by-city detail and current transport options are free to read on balticsworldwide.com.